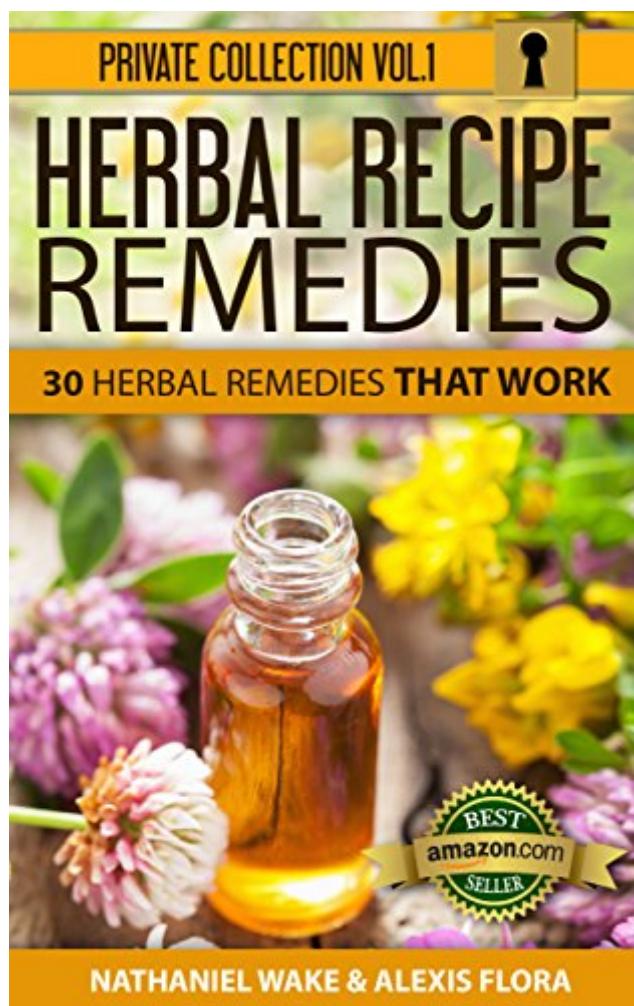


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# Herbal Remedies: 30 Herbal Recipe Remedies From My Private Collection: Proven Herbal Recipes That Work! (Herbal Recipes Private Collection Book 1)



## **Synopsis**

Do You Want Recipes That Work? Well Here They Are! 30 Herbal Recipes From My Private & Proven CollectionThese Proven Recipes are worth 10x This Amount! ... Take A Look Inside...You will use them all the time... And you can Swipe 2 For FREE!Herbal Remedies are a Holistic natural treatment that uses the body's natural design to be rejuvenated and infused with powerful natural properties of herbs and essential oils. You can naturally and effectively treat common ailments such asDiabetesHigh Blood PressureDepressionStressMuscle achesAnxietyInsomniaAnd many others that would exceed the limit here to list. Natural Healing Methods of Herbs & Essential Oils we teach you to use here in this book house powerful fusion compounds that when used as we teach you, can activate physiological responses in the body naturally that are hindered by our dulled senses and destroyed immune systems! You will be able to do this all in the comfort and safety of your own sanctuary. Easily - Safely - EffectivelyPharmaceuticals can get expensive and that is what we are trying to break free from. So making your own herbal remedies is a great alternative. If you are planning to get started in herbal medicine make sure you check out my other Herbal Mastery Series Best Seller Guide as well.....So now is your time to Scroll on up and grab a copy of this book at this introductory price. Get it today! Or get it FREE with Kindle Unlimited!

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## Customer Reviews

Excellent book of recipes! There are thirty awesome herbal remedies in here, and I can definitely see why they are considered "all time best." Also, most all the recipes were easy to follow, and the remedies were very easy to make. Each recipe usually also includes information how to store the herbal remedies, as well as what each remedy can be used for (and how to use it). An invaluable collection.

Well worth the price of the book! I cannot believe how well the recipes I tried worked! My favorite recipes in this book are: Rosemary herbal bath! The best! I ran a 5k obstacle course and this was wonderful to relax and help with my sore muscles. Tea tree tincture works great for dry scalp! Peppermint scrub...heaven! Makes your face feel so great after washing with this. Smells good too! I would have tried more but I need to get the ingredients first. Really looking forward to trying most of these recipes.

I've been searching for some possible remedies for my wife's dry mouth syndrome and an allergy issue I have to detergents. In the past, I've been able to rely on Nathaniel's books to provide insight and help, and I was not disappointed here. This is another straightforward collection of recipes that avoid the fluff and gets right to the recipes and instructions. I like that he's tried them all and these are the best of the best. Recommended to people looking for help outside mainstream remedies.

This is the third of the "best of" series from Nathaniel Wake. I absolutely love the salve recipes, and there are recipes for colds, migraines, hot flashes, etc. Lots of useful remedies are included here, and the recipes are simple and easy.

This book is great. It has 30 wonderful recipes made of herbs and several other natural ingredients and also contains some BONUS recipes. You can find many salves, face washes and scrubs, tinctures, creams and a lot more. I love the pictures of the main ingredient for each recipe, but most of all I love the way this author gives us each recipe, then tells what ailment(s) each is for and how to store the mixture. Well thought out, well organized and highly recommended.

I believe using herbs to help you cure everyday aches and pains at home is a good idea because you know exactly what goes into your medicine and herbal remedies have been used for centuries and have proven helpful. In this new book, the author presents 30 recipes to cure all kind of ailment from relaxing tense muscles to relieving joint pains, face scrubs, digestion tincture, cough syrup, and lots more. The "recipes" are well presented with detailed instructions making it easy to make them. You are sure to find some to fulfill your needs. I made the basil arthritis tincture recipes. I am very happy I got this book and would recommend it to anyone who would like to use DIY herbal remedies.

I continue to use this author to expand my understanding and collection of useful, homemade recipes. This book featured a number of recipes that I was specifically looking for, but also delivered a bunch I had never even considered. I do wish there would have been a bit more explanation on some of the mixtures, as I wouldn't have any idea when to use them. However, overall it proved to deliver a good experience, and most of the recipes are quite detailed. Recommended for anyone that enjoys all-natural remedies.

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